



FREE

Leisure Times

May 4, 2006

ALL SITE TRAVEL

513 Main Street, Three Hills

443-3620

ALL SUN TAN

"Give a monkey control of its environment, and it will fill the world with bananas!" ~Patrick Troughton
The Second Doctor Who



If you enjoyed this issue (or if you didn't), send an email and let us know.

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Leisure Times

leisuretimes@pncpublishing.com

Be informed about concerns and activities for our seniors. Seniors Outreach regular monthly meetings every 3rd Thursday, 10 am at Pioneer Place. Everyone welcome.



Fast Facts

- The average American consumes over 28 pounds of bananas each year.
- Over 96% of American households purchase bananas at least once each month.
- Bananas have no fat, cholesterol or sodium.
- Bananas are great for athletic and fitness activity because they replenish necessary carbohydrates, glycogen and body fluids burned during exercise.
- Banana plants are the largest plants on earth without a woody stem. They are actually giant herbs of the same family as lilies, orchids and palms.
- Bananas are harvested every day of the year.

On the Lighter Side

Two farmers were taking their first trip to the big city on the train. A vendor came down the corridor selling bananas which they'd never seen before. Each bought one.

The first one eagerly peeled the banana and bit into it just as the train went into a tunnel. When the train emerged from the tunnel, he looked across to his friend and said, "I wouldn't eat that if I were you."

"Why not?"

"I took one bite and went blind for half a minute."

Video Hut

New Releases This Week

MAY 2ND:

Hoodwinked

MAY 9TH:

Munich

The New World

Nanny McPhee

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Trivia

1. What is a cluster (bunch) of bananas called?
2. What does "banan" mean in Arabic?
3. According to Old Wives' tales, what is the inside of the banana peel good for?
4. How many different types of banana are there?
5. How big was the largest banana split?



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Time flies like an arrow. Fruit flies like a banana. ~Groucho Marx



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NEW! Events

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Don't Forget:
Mother's Day is May 14th

Tria Dance Works Presents

The Promise

Spring Recital

Parable Place,

Friday May 26th 7:00 pm and Saturday
May 27th 1:00pm and 7:00pm

Tickets Available from Cranberries

Nilgris and At the Door

For more information call Lisa Calverly
at 443-7535

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Answers to Trivia

1. A hand (which consists of 10 to 20 bananas called fingers)
2. Finger
3. Polishing patent leather shoes
4. There are more than 200 varieties of bananas in the world: they come in all shapes and sizes, from small finger fruits to purple plantains.
5. 4.55 miles long

This Week In History

1429 French troops under Joan of Arc rescues Orléans
 1534 French navigator Jacques Cartier reaches Newfoundland
 1626 Dutch colonist Paul Minuit buys Manhattan for \$24 in trinkets
 1642 Ville Marie (Montréal) forms
 1752 Benjamin Franklin 1st tests the lightning rod
 1824 Beethoven's 9th (Chorale) Symphony, premieres in Vienna
 1833 John Deere makes 1st steel plow
 1847 Robert Thompson patents rubber tire
 1867 Battle of Pueblo; Mexicans defeat Maximilian's forces (Cinco de Mayo)
 1878 Phonograph shown for 1st time at Grand Opera House
 1886 Atlanta pharmacist Dr John Styth Pemberton invents Coca Cola (contained cocaine)
 1888 George Eastman patents "Kodak box camera"
 1899 Lawn mower patented
 1908 1st Mother's Day observed (Philadelphia)
 1928 England lowers age of women voters from 30 to 21
 1934 World's largest pearl (6.4 kg) found at Palawan, Philippines
 1936 Edward Ravenscroft patents screw-on bottle cap with a pour lip
 1937 Hindenburg explodes in flames at Lakehurst NJ (36 die)
 1945 Canadian troops move into Amsterdam
 1951 Dacron men's suits introduced
 1952 Mad Magazine debuts
 1953 Record 537-kg swordfish is caught by L E Marron, in Chile
 1961 Alan Shepard becomes 1st American in space (aboard Freedom 7)
 1980 World Health Organization announced smallpox had been eradicated
 1982 IBM releases PC-DOS version 1.1
 1994 Chunnel linking England & France officially opens
 1994 Nelson Mandela sworn in as South Africa's 1st black president

Birthdays this Week

May 4

1924 Dennis Weaver actor
 1929 Audrey Hepburn [Edda Kathleen van Heemstra Hepburn-Ruston]
 1959 Randy Travis [Randy Bruce Traywick] country singer

May 5

1813 Søren Kierkegaard philosopher
 1818 Karl Marx philosopher
 1908 Rex [Reginald Carey] Harrison Huyton actor
 1926 Ann B Davis actress

May 6

1856 Sigmund Freud father of psycho-analysis
 1895 Rudolph Valentino sheik/actor
 1915 Orson Welles actor
 1945 Bob Seger rocker
 1953 Tony Blair British PM
 1961 George Clooney actor
 1961 Roma Downey actress

May 7

1833 Johannes Brahms composer
 1840 Peter Ilyich Tchaikovsky composer
 1919 Eva (Evita) [Duarte] Perón 1st lady/actress

May 8

1943 Toni Tennille (Captain & Tennille)

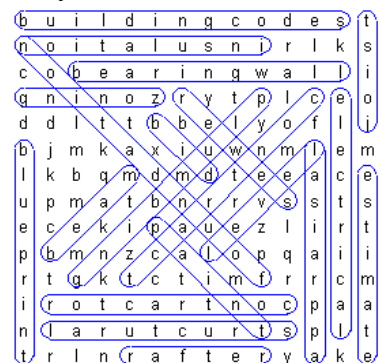
May 9

1946 Candice Bergen actress
 1949 Billy Joel singer

May 10

1850 Sir Thomas Johnstone Lipton tea magnate (Lipton Tea)
 1886 Karl Barth theologian/author
 1899 Fred Astaire tap dancer/actor
 1929 Fats Domino rocker
 1960 Bono Vox [Paul Hauson] rocker

Apr 27th Solution: Construction



Banana Crumb Muffins

The crumb topping is what makes these banana muffins stand apart from the ordinary. Prep Time: approx. 15 Minutes. Cook Time: approx. 20 Minutes. Makes 12 muffins .

1 1/2 c all-purpose flour	1 egg, lightly beaten
1 tsp baking soda	1/3 c butter, melted
1 tsp baking powder	1/3 c packed brown sugar
1/2 tsp salt	1/8 c all-purpose flour
3 bananas, mashed	1/8 tsp ground cinnamon
3/4 c white sugar	1 tbsp butter

Directions:

1. Preheat oven to 375 degrees F (190 degrees C). Lightly grease 10 muffin cups, or line with muffin papers.
- 2 In a large bowl, mix together flour, baking soda, baking powder and salt. In another bowl, beat together bananas, sugar, egg and melted butter. Stir the banana mixture into the flour mixture just until moistened. Spoon batter into prepared muffin cups.
- 3 In a small bowl, mix together brown sugar, flour and cinnamon. Cut in butter until mixture resembles coarse cornmeal. Sprinkle topping over muffins.
- 4 Bake in preheated oven for 18 to 20 minutes, until a toothpick inserted into center of a muffin comes out clean.

Bananas

m l c r t p l a n t a i n s
 e t u v i t a m i n b 6 c g
 t z r b u f t p f k k q g f
 s p v m r e b i f p w n a v
 o e e u f k m b h c w l k i
 d r d i l c r u w b s b r t
 u e y s v e a b s e c c d a
 e n e s h d d v b a l h l m
 s n l a r a r e e p c f c i
 p i l t b e r x i n h e k n
 b a o o c r t v u r d t a c
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